

॥ ब्रह्मयज्ञम् ॥

शुक्लाम्-बरधरं विष्णुं शशि-वर्णं चतुर्भुजम् ।
प्रसन्न-नवदनं ध्यायेत् सर्वविघ्नो-पशान्तये ॥

श्री गुरुभ्यो नमः हरिः ॐ ॥

॥ आसन विधि ॥ Prayer to the Goddess Earth (before sitting)

पृथिव त्वया धृता लोका देवि त्वं विष्णुना धृता ।
त्वं च धारय मां देवि पवित्रं कुरु चासनम् ॥

(seated) ॥ आचमनं ॥ Sipping water for purification

(swallow water thrice)

ॐ ब्रह्मणे स्वाहा ।

ॐ विष्णवे स्वाहा ।

ॐ रुद्राय स्वाहा ।

॥ प्राणायामम् ॥ Breathing exercise for purifying the subtle channels

ॐ प्राणावस्य । (Hold namaskaara mudra)

पर-ब्रह्म ऋषिः । (Touch forehead)

दै॒वि-गा॒य॒त्रि च॒न्दः॑ । (Touch nose)

पर॒मा॒त्मा दे॒वता॑ । (Touch heart)

प्रा॒णाय॒मे वि॒नियोगः॑ । (Namaskaara mudra)

ॐ ॐ ॐ

(breath in through left nostril)

ॐ भूः । ॐ भुवः । ॐ सुवः । ॐ महः । ॐ जनः । ॐ तपः । ॐ सत्यं ।

(retain breath)

ॐ तत् स॒वितु॑र् व॒रेण्यं॑ भ॒र्गो दे॒वस्य॑ धीमहि ।

धी॒यो यो॒नः प्र॒चोद॑यात् ॥

(breath out through right nostril)

ॐ आपो॑ ज्योति-रसोमृतं ब्रह्मा भूर्भुवः सुवरो ॥

(Repeat the process starting with the right nostril and ending with the left)

॥ संकल्पः ॥

ममो-पात्त समस्त-दुरितक्षय-द्वारा श्री-परमेश्वर प्रीत्यर्थं ब्रह्म-यज्ञं करिष्ये । देव
ऋषि पितृ तर्पणम् वेद पारायणं च करिष्ये । ब्रह्म-यज्ञेन यक्ष्ये ॥

आप उपस्-पृश्य ॥

॥ वेद पारायणम् ॥

ॐ भूर् भुवः सुवः । ॐ तत् स॒वितु॑र् व॒रेण्यं॑ भ॒र्गो दे॒वस्य॑ धीमहि । धी॒यो यो नः॑
प्र॒चोद॑यात् ॥

हरिः ॐ

अग्निमी॑ळे पुरो॑हितं यज्ञ॑स्य दे॒वमृ॑त्विजम् ।

हो॒तारं॑ रत्न॑-धा॒तमम् ॥ हरिः ॐ हरिः ॐ ॥

इ॒षेत्वो॑र्-जे॒ त्वा वा॑यवः-स्थो॒पा-य॑वः-स्थ॒ दे॒वो वः॑ स॒विता॑ प्रा॒र्पय॑तु श्रेष्ठ॑त॒माय॑
क॒र्मणे॑ ॥ हरिः ॐ हरिः ॐ ॥

अ॒ग्न आ॑याहि॒ वी॒तये॑ गृ॒णानो॑ ह॒व्य-दा॑तये ।

नि॒ होता॑ स॒त्सि ब॑र्हिषि ॥

(those who have studied saamaveda may wish to add the saamagaanam for this mantra)

हरिः ॐ हरिः ॐ ॥

शन्नो॑ दे॒वि र॑भिष्ट॒य आपो॑-भवन्तु पी॒तये॑ ।

शं यो र॑भि स्र॒वन्तु॑ नः ॥ हरिः ॐ हरिः ॐ ॥

॥ सर्वदे॒व त॑र्पणम् ॥

(Satiating God with oblations of Water. For Deva Tarpana the yajno-paviitam should be worn as normal over the left shoulder. Pour tarpanaNam from the palm of the right hand through the tips of the fingers)

ब्रह्मा॑दयो॒ ये दे॒वाः तान् दे॒वान् त॑र्पयामि ।

सर्वान्॑ दे॒वान् त॑र्पयामि ।

सर्वदे॒व ग॑णान् त॑र्पयामि ।

सर्वदे॒व-प॑त्नी स्त॑र्पयामि ।

सर्वदे॒व ग॑णपत्नीः त॑र्पयामि ॥

(If you wear a Yajno-paviitam it should be changed to be worn around the neck like a necklace for R^iShi TarpaNam . Then do aachamaniyam: women obviously do not do this because the thread that initiated women wear in this lineage is tied around the waist)

॥ आचमनं ॥ repeat aacamanam

(swallow water thrice)

ॐ ब्रह्मणे स्वाहा ।

ॐ विष्णवे स्वाहा ।

ॐ रुद्राय स्वाहा ॥

॥ ऋषि तर्पणम् ॥ (Offer tarpaNaM pouring from the right palm to the left side below little finger. Yajnopavitam should be worn like a necklace.)

ॐ अत्रिं तर्पयामि

ॐ भरध्वजं तर्पयामि

ॐ गौतमं तर्पयामि

ॐ जमदाग्निं तर्पयामि

ॐ कश्यपं तर्पयामि

ॐ वसिष्ठं तर्पयामि

ॐ विश्वमित्रं तर्पयामि

ॐ ऋषि गोत्रं तर्पयामि

ॐ ऋग् वेदं तर्पयामि

ॐ यजुर्-वेदं तर्पयामि

ॐ साम-वेदं तर्पयामि
ॐ अथर्व-वेदं तर्पयामि
ॐ श्रुतिं तर्पयामि
ॐ स्मृतिं तर्पयामि
ॐ सर्व ऋषिं तर्पयामि
ॐ सर्व धर्मं तर्पयामि

(If you wear a Yajno-paviitam it should be worn on the right should for pitR^i tarpaNam.
Then do aachamaniyam:)

॥ आचमनं ॥ repeat aacamanam

(swallow water thrice)

ॐ ब्रह्मणे स्वाहा ।

ॐ विष्णवे स्वाहा ।

ॐ रुद्राय स्वाहा ॥

पितृ तर्पणं (Make an offering of water for each. Some traditions omit those who are not living, but it is still appropriate to make offerings on their behalf. This is done as a part of karuNaa tarpanam. It is sometimes not the tradition for women or for people whose father is living to perform pitri tarpanam. These people may be bound by the karmas of their family (for example they may be suffering from some genetic health conditions). It is right for all people who wish to bless their relatives and who wish to be free from family karmas to make this offering. If according to their tradition they are not qualified to perform "pitri tarpanam" they may make these offerings as a part of karunaa tarpanam. Make pitR^i offerings pouring tarpaNam from the right palm between between the thumb and index finger. Yajnopavitam is worn over the right shoulder.)

ॐ पितॄन् स्वधा नमस्तर्पयामि ।
सर्वान् पितॄन् तर्पयामि ।
सर्वं पितृ-गणान् तर्पयामि ।
सर्वं पितृ पत्नीः तर्पयामि ।
सर्वं पितृ गणपत्नीः तर्पयामि ॥

(Now one should perform kaaruNya tarpaNam for other dead relatives, friends, respected elders, animals, plants, insects etc. Satguru Venkataraman from Tamil Nadu taught that it is important for men and women to make offerings for all their dead relatives. He taught it was important to make offerings for the souls of all who we had been close to in life and for all plants and animals we cared about or killed. He taught it is extremely important to make offerings for animals consumed as food. This karunya tarpana mantra comes from his teachings. Offerings could be made with this mantra followed by the name of the person, or a description of the animal etc.)

कारुण्य आरुण्य कर्पूरत् तर्पणमे ।

(name or description)

नमस्-तर्पयामि ॥

(this process should be repeated three times for each person, animal, or plant.)

(If you wear the Yajno-paviitam, it should be returned to the normal position over the left shoulder:)

॥ आचमनं ॥ repeat aacamanam

(swallow water thrice)

ॐ ब्रह्मणे स्वाहा ।

ॐ विष्णवे स्वाहा ।

ॐ रुद्राय स्वाहा ॥

ॐ नमो ब्रह्मणे नमो अस्त्वग्नये नमः पृथिव्ये नम ओषधीभ्यः ।
नमो वाचे नमो वाचस्पतये नमो विष्णवे बृहते करोमि ॥
ॐ शान्ति शान्ति शान्तिः ॥