

|| brahmayajñam ||

śuklām-baradharaṁ viṣṇuṁ śaśi-varṇaṁ caturbhujam |
prasan-navadanaṁ dhyāyet sarvavighno-paśāntaye ||

śrī gurubhyo namaḥ hariḥ om ||

|| āsana vidhi || Prayer to the Goddess Earth (before sitting)
pṛthvi tvayā dhṛtā lokā devi tvam viṣṇunā dhṛtā |
tvam ca dhārāya mām devi pavitraṁ kuru cāsanam ||

(seated) || ācamanaṁ || Sipping water for purification
(swallow water thrice)
om brahmaṇe svāhā |
om viṣṇave svāhā |
om rudrāya svāhā

|| prāṇāyāmaṁ || Breathing exercise for purifying the subtle channels
om prāṇāvāsyā | (Hold namaskaara mudra)
para-brahma ṛṣiḥ | (Touch forehead)
daivi-gāyatri candaḥ | (Touch nose)
paramātmā devatā | (Touch heart)
prāṇāyame viniyogaḥ | (Namaskaara mudra)
om om om
(breath in through left nostril)
om bhūḥ | om bhuvāḥ | om suvāḥ | om mahaḥ | om janaḥ | om tapaḥ | om
satyaṁ |
(retain breath)
om tat savitur vareṇyaṁ bhargō devasya dhīmahi |
dhīyo yonaḥ pracodayāt ||
(breath out through right nostril)
om āpo jyoti-rasomṛtaṁ brahmā bhūrbhuvāḥ suvarom ||
(Repeat the process starting with the right nostril and ending with the left)

|| saṅkalpaḥ ||

mamo-pātta samasta-duritaśaya-dvārā śrī-parameśvara prītyarthaṁ brahma-
yajñam kariṣye | deva ṛṣi pitṛ tarpaṇam veda pārāyaṇaṁ ca kariṣye | brahma-
yajñena yakṣye ||

āpa upas-prśya ||

|| veda pārāyaṇam ||

om bhūr bhuvāḥ suvāḥ | om tat sāvitur vareṇyāṃ bhargō devasyā dhīmahi |
dhīyo yo naḥ pracodayāt ||

hariḥ om

agnimīle purohitam yajñasya devamrtvijam |

hotāraṃ ratna-dhātāmaṃ || hariḥ om hariḥ om ||

iṣetvor-je tvā vāyavaḥ-sthopā-yavaḥ-stha devo vaḥ savitā prārpayatu

śreṣṭhātāmāya karmaṇe || hariḥ om hariḥ om ||

agna āyāhi vītaye grṇāno havya-dātaye |

ni hotā satsi barhiṣi ||

(those who have studied saamaveda may wish to add the saamagaanam for this mantra)

hariḥ om hariḥ om ||

śanno devi rabhiṣṭaya āpo-bhavantu pītaye |

śaṃ yo rabhi srāvantu naḥ || hariḥ om hariḥ om ||

|| sarvadeva tarpaṇam ||

(Satiating God with oblations of Water. For Deva TarpaNa the yajno-paviitam should be worn as normal over the left shoulder. Pour tarpanaNam from the palm of the right hand through the tips of the fingers)

brahmādayo ye devāḥ tān devān tarpayāmi |

sarvān devān tarpayāmi |

sarvadeva gaṇān tarpayāmi |

sarvadeva-patnī stārpayāmi |

sarvadeva gaṇapatnīḥ tarpayāmi ||

(If you wear a Yajno-paviitam it should be changed to be worn around the neck like a necklace for R^iShi TarpaNam . Then do aachamaniyam: women obviously do not do this because the thread that initiated women wear in this lineage is tied around the waist)

|| ācamanaṃ || repeat aacamanam

(swallow water thrice)

om brahmaṇe svāhā |

om viṣṇave svāhā |

om rudrāya svāhā ||

|| ṛṣi tarpaṇam || (Offer tarpaNaM pouring from the right palm to the left side below little finger. Yajnopavitam should be worn like a necklace.)

om atrim̐ tarpayāmi
om bharadhvajam̐ tarpayāmi
om gautamam̐ tarpayāmi
om jamadāgnim̐ tarpayāmi
om kaśyapam̐ tarpayāmi
om vasiṣṭam̐ tarpayāmi
om viśvamitraṁ tarpayāmi
om ṛṣi gotraṁ tarpayāmi
om ṛg vedaṁ tarpayāmi
om yajur-vedaṁ tarpayāmi
om sāma-vedaṁ tarpayāmi
om atharva-vedaṁ tarpayāmi
om śrutim̐ tarpayāmi
om smṛtim̐ tarpayāmi
om sarva ṛṣim̐ tarpayāmi
om sarva dharmam̐ tarpayāmi

(If you wear a Yajno-pavitam it should be worn on the right should for pitR^i tarpaNam.
Then do achamaniam:)

|| ācamanam̐ || repeat achamanam
(swallow water thrice)
om brahmaṇe svāhā |
om viṣṇave svāhā |
om rudrāya svāhā ||

pitṛ tarpanam̐ (Make an offering of water for each. Some traditions omit those who are not living, but it is still appropriate to make offerings on their behalf. This is done as a part of karuNaa tarpanam. It is sometimes not the tradition for women or for people whose father is living to perform pitri tarpanam. These people may be bound by the karmas of their family (for example they may be suffering from some genetic health conditions). It is right for all people who wish to bless their relatives and who wish to be free from family karmas to make this offering. If according to their tradition they are not qualified to perform "pitri tarpanam" they may make these offerings as a part of karunaa tarpanam. Make pitR^i offerings pouring tarpaNam from the right palm between between the thumb and index finger. Yajnopavitam is worn over the right shoulder.)

om pitṛn svadhā namastarpayāmi |
sarvān pitṛn tarpayāmi |
sarva pitṛ-gaṇān tarpayāmi |

sarva pitṛ patnīḥ tarpayāmi |
sarva pitṛ gaṇapatnīḥ tarpayāmi ||

(Now one should perform kaaruNya tarpaNam for other dead relatives, friends, respected elders, animals, plants, insects etc. Satguru Venkataraman from Tamil Nadu taught that it is important for men and women to make offerings for all their dead relatives. He taught it was important to make offerings for the souls of all who we had been close to in life and for all plants and animals we cared about or killed. He taught it is extremely important to make offerings for animals consumed as food. This karunya tarpana mantra comes from his teachings. Offerings could be made with this mantra followed by the name of the person, or a description of the animal etc.)

kāruṇya āruṇya karpūrat tarpaṇame |

(name or description)

namas-tarpayāmi ||

(this process should be repeated three times for each person, animal, or plant.)

(If you wear the Yajno-paviitam, it should be returned to the normal position over the left shoulder:)

|| ācamaṇam || repeat aacamanam

(swallow water thrice)

om brahmaṇe svāhā |

om viṣṇave svāhā |

om rudrāya svāhā ||

om namo brahmaṇe namo astvagnaye namaḥ pṛthivye nama oṣadhībhyaḥ |

namo vāce namo vācaspatāye namo viṣṇave brhate karomi ||

om śānti śānti śāntiḥ ||